

December 2025 Activities

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00 Chair Yoga 11:30AM- Lunch 1:00PM Line Dancing Class	8:00 AM Castle Noel Trip 9:00AM Quilters 9:00 AM Seated Tai Chi 9:00-3:00 Medicare Open Enrollment with Philip Biggs 11:00AM Blood Pressure Checks 11:00 Bingocize 11:30AM Lunch 1:00 PM Cardio Drumming Class 4:00 PM Lunch Bunch Group 6:00 PM Good Ole Gospel Music Night	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM Sponsored Bingo 11:30AM Lunch 11:30 PM Old Washington Christmas Luncheon 12:00PM- Mahjong 1:30 PM Dining with Diabetes during the Holidays	10:00 AM Bingo 10:00 AM Bysville/Golden 60's Christmas Breakfast 11:00 AM Bingocize 11:30 Lunch 12:30 Open Cards 1:00 PM Chair Yoga 2:00 PM Craft Class	8:00-10:00 AM Hearing Life Screenings 9:00AM Library Pop-Up 9:00AM Geri Fit Exercise 10:00AM Bingo 11:30AM Lunch 12:30PM Euchre 1:00PM Geri-Fit Exercise 2:00 CENTER CLOSED DUE TO PRIVATE EVENT
8	9	10	11	12
8:30 AM- Crafting Group 9:00 Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00 Chair Yoga 11:30AM Pleasant City Christmas Luncheon 11:30AM- Lunch 1:00PM Line Dancing Class	9:00AM Quilters 9:00 Seated Tai Chi 10:00AM Sponsored Bingo 11:00AM Blood Pressure Checks 11:00AM Bingocize 11:30AM Lunch 11:30 AM Cumberland Christmas Luncheon 1:00 PM Gingerbread House Class 1:30PM Alzheimer's Support Group	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:30AM Lunch 12:00PM- Mahjong	10:00AM Bingo 11:00AM Bingocize 11:30AM- Lunch 12:30 PM- Open Cards 1:00PM Chair Yoga 5:00 Christmas Holiday Dinner & Cambridge Singers Performance	99:00AM Geri Fit Exercise 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise
15	16	17	18	19
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00AM Chair Yoga 11:30AM Lunch 1:00PM Line Dancing Class 2:00 Painting Class	9:00AM Quilters 9:00AM Seated Tai Chi 10:00AM Sponsored Bingo 11:00AM Bingocize 11:00AM Blood Pressure Checks 11:30AM Lunch 1:00 Cardio Drumming Class	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:00AM Cambridge Primary Choir 11:30 AM December Birthday Celebration 12:00PM- Mahjong 1:00 PM Christmas Jeopardy	10:00AM Bingo 11:30AM Lunch 12:30 PM- Open Cards	9:00AM Geri Fit Exercise 10:00AM -Bingo 10:00 AM - 3:00 PM- Food Commodity Pick Up 11:30AM Lunch 12:00PM Euchre 1:00PM Geri Fit Exercise 1:30 PM Greeting Card Class
22	23	24	25	26
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00AM Chair Yoga 11:30AM- Lunch 1:00 Line Dancing Class	9:00AM Quilters 9:00 AM Breakfast with Santa 9:00AM Seated Tai Chi 10:00AM Bingo 11:00 Bingocize 11:00AM Blood Pressure Checks 1:00 Cardio Drumming Class 1:00 PM Cookie Decorating Class	CLOSED 	CLOSED 	99:00AM Geri Fit Exercise 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise
29	30	31		
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00 Bingo 11:00 Clothes closet 11:00 Chair Yoga 11:30 Lunch 1:00 Line Dancing Class	9:00 AM Quilters 9:00 AM Seated Tai Chi 10:00 AM Bingo 11:00 AM Bingocize 11:00 AM Blood Pressure Checks 1:00 PM Cardio Drumming	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:30AM Lunch 11:30 AM New Years Eve Luncheon 12:00PM- Mahjong		

December 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Salisbury Steak Diced Potatoes Peas & Carrots Diced Pears Choice of Bread/Margarine Choice of Milk	2 Baked Lasagna Capri Blend Vegetables Spiced Peaches Tossed Salad w/Dressing Garlic Bread Choice of Milk	3 Baked Chicken Mashed Potatoes w/ Chicken Gravy Buttered Corn Grape Salad Dinner Roll/Margarine	4 Pork Fritter Golden Yellow Potatoes Roasted Root Vegetables Applesauce Choice of Bread/Margarine Choice of Milk	5 Lemon Pepper Fish Parsley Potatoes Winter Blend Vegetables 100% Fruit Juice Dinner Roll/Margarine Choice of Milk
8 Baked Ham Scalloped Potatoes Green Beans Pineapple Tidbits Dinner Roll/Margarine	9 Baked Steak Mashed Potatoes w/Beef Gravy Lima Beans 100 % Apple Juice	10 Ritz Chicken Noodle Casserole California Blend Vegetables Cherry Crisp Choice of Bread/Margarine	11 Sloppy Joe w/Bun Potato Wedges Brussel Sprouts Fresh Orange Vanilla Pudding	12 Baked Roast Beef Buttered White Potatoes Buttered Peas Apricots Choice of Bread/Margarine
15 Chili w/ Crackers Carrot Raisin Salad Clementine Cornbread Choice of Milk	16 Monterey Chicken Roasted Red Skin Potatoes Broccoli Florets 100% Fruit Juice Choice of Bread/Margarine	17 Baked Herbed Pork Chop Sweet Potatoes Creamed Peas Fresh Pear Choice of Bread/Margarine	18 Meatloaf Au Gratin Potatoes Capri Blend Vegetables Fresh Apple Knot Roll/Margarine	19 Baked Penne Pasta Broccoli Florets Spiced Applesauce Tossed Salad w/Dressing Breadstick/Margarine
22 Honey Mustard Chicken Rice Pilaf Italian Blend Vegetables Diced Peaches Blueberry Muffin Choice of Milk	23 Country Fried Steak w/ Gravy Loaded Mashed Potatoes French Style Green Beans 100% Cranberry Juice Dinner Roll/Margarine Apple Pie	24 Closed Frozen Meals Available upon Request	25 Closed Frozen Meals Available upon Request	26 Cabbage Roll Whole Potatoes Cauliflower w/Cheese Tropical Fruit Cup Biscuit/Margarine Choice of Milk
29 Cheeseburger w/Bun Tater Tots Broccoli Florets Mixed Fruit Brownie Choice of Milk	30 Chef Salad w/Ham, Turkey & Egg w/ Dressing Three Bean Salad Mandarin Oranges Lorna Doone Cookie Breadstick/Margarine Choice of Milk	31 Smoked Sausage w/ Sauerkraut Cheesy Hashbrown Casserole Mixed Vegetables Choice of Bread/ Margarine 100% Juice	We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday—Friday. Pleasant City 11:30-1:00 pm Monday & Thursday, Cumberland 11:30-1:00 pm, Tuesday & Friday, Londonderry site serves at 11:30 on Monday, Tuesday & Thursday, and Old Washington site Wednesday & Friday from 11:30am-1:00pm. Dine-In or Grab & Go Options Available. If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at www.GuernseySenior.org . <i>*Menu subject to change depending on item availability.</i> This institution is an equal opportunity provider.	